THE ABLE NEWS

OL. 1 — 11 June 1943 — NO. 6

A WORD FROM YOUR MEDICAL OFFICER

When the call came that this unit could use the services of the Medical Department of the 76th and that it would be necessary to send down the Dental Officer, Lt. Klipfel, it was without any particular misgivings that we left to come here. We are very glad to be here, appreciate all that is good about the set-up and surroundings and want to say that your lot is in many ways so far and above your brothers-in-construction in the other unit, that you should be thankful for being here and appreciate having been chosen as the unit to do this work. Of course, ther will always be the chronis "belly-acher" who would'nt be satisfied any place, but let me assure you, your deal is the best of the two, will always be and you'll find out sooner or later for yourselves. The spirit here is good and morale excellent. A high class job is being done, with willing and hard working, industrious hands. Keep up the good work and continue to deserve to be a great part of the war effort.

It is much to a point ot deal with "Heat Stroke" or "Heat Exhaustion" (sonetimes called "Overheated") and the taking of salt tablets. The condition of "Heat Stroke" is, in short, the result of loss of fluid in the body; the lack of replacement of the same, and the resulting natural elevation of temperature of the body or "fever". Varying degrees of this are often evident. A feelong of loss of pep, partial exhaustion and tiredness. Loss of appetite in this climate is very often a degree of this condition. The taking of salt tablets tend to hold the vital necessary fluid in the body. In this climate, to safeguard the health of all workers, it is suggested that four to six tablets be taken daily. They are best taken with plenty of water in mid-morning and afternoon. The amount of salt taken at meals does not ordinarily suffice nor can be relied on to be sufficient. The tablets can be obtained at the CMAA's office or the Dispensary.

A Dispensary has been set up next ot hut 11. Facilities for handling all dispensary cases are available and it will no longer be necessary to go the Menge or Marine. It's your own to use. The Menge Sick Bay and other facilities will be used when necessary. The writer wishes to take this opportunity, on behalf of the unit, to thank the Officers and men who made the Dispensary possible, and also to thank those at Menge Dispensary for their hearty cooperation.

This department expects complaints of skin irritations. Working conditions may at times be dusty. Dust and dirt rubbed into the skin from friction of clothing, will cause uncomfortable skin infections, especially about the neck, arms, and groin. Proper hygienic measures, daily bathing habits, (plenty of soap) and early care will go a long way to prevent and to cure these conditions.

The use of the lagoons for swimming purposes is frowned upon by those who deal with health and sanitary problems. It is felt, personally, that some distinct possibility of ear infections arise from swimming in this water. In shower bathing, with this water, if and when it comes to pass, soap will have the effect of counteracting any chance of fungus infection.

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STAFF

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The "heads" are to be provided with suitable foot baths to combat any possible tendency to development of and protection against "athletes foot". These are to be used by all, both going into and coming out of showers. In this connection, the care of the feet is to be considered. Bathing daily, of course, goes without additional comment. Clean socks should be worn daily and changed during the day, if necessary. It has been noticed that some are wearing no socks and some with holes are being worn. Socks should be of light cotton or heavier. They are available here and there is no excuse for not wearing clean socks and socks that are in good condition. Take care of your feet and report any condition not normal.

Remember, the Dispensary is here for you and at your service. Use it.

Albert C. Barber
Lt. Comdr. MC

COMPANY A

WANTED - The boys in hut 33 would like to buy a good radio. One with short wave is preferred but if you have one to sell or know where there is a good one, see R. V. McDaniels, SF3c.

The Seabees really looked good in their game with the Marines last Friday and let me add right now that it was a plenty good ball game. It was an up and down affair with the Seabees in front most of the time but the Marines coming right along to tie the score and add more excitement to the game. The final score was seven to six, in favor of the Seabees. Two weeks ago, I predicted, that the deciding feature of the game would be the pitching; and I was wring. Our gang goes for that fast pitching better than for the slower variety that we see in league play. Hollywood slugger, Bill Garbe got two home runs but there was plenty more good stick work by almost all of the team. Fielding was good on both sides most of the time but each team had to have a time or two when they threw the ball away. Camy pitched a very good game and Blannon, the old reliable catcher was in there all the time. Hank Meyer pulled a beauty that looked like a sure base hit, right out nowhere and all the gang played good ball. A team like that, in the league that is about to start will give a good account of itself.

The Warrick's defeated the Clau. Monday to finish their part of the league undefeated and sure pennant winners. Sloppy ball in the early stages of the game was costly for the Clauve's as they finished very strongly with a five run rally in the seventh that had all the fans on their feet, cheering. They were two mighty good teams on the field and if I do have to give up my beer for today (Tuesday) because I was thinking wrong before the start; I think now that the best team won.

Friday, June 11, at 13;15, another all-star Seabee team will play a hand-picked Marine outfit in what promises to be a fast and hard fought game. A grudge battle is slated for later in the day (18:15) when California, conqueror of the mighty Texas team that fell apart, plays Oregon. I don't know but I hear that every player will have to show his birth certificate before he can play; and a few years residence in California does'nt make anyone a native son.

Aided by several bottles of beer per person, the Seabee CPO's defeated the Navy CPO's in a game that went into extra innings. It was really a wild and wooly ball game but the best part of it was, when one of the Chiefs, a player too, asked why everyone was going home after the winning run was made. I guess maybe they had been playing so long that he thought the game would go on all night. What a game we could put on with a "truck load" of beer on the edge of the diamond.

R. H. Busby

MOVIES

June 11 ------The Navy Comes Through
" 12.------The Maltese Falcon.
" 13 ------Somewhere I'll Find
" 14 ------Seven Sweethearts.
" 15 ------Yankee Doodle Dandy.
" 16 ------Night in New Orleans.
2 17 ------Rings on Her Fingers.

SOFTBALL

Present standings of the Seabee softball league follow:

Team	W	L
Warricks	7	0
Clauves	5	1
Hofmans	4	1
Scrubs	3	3
Aces	2	3
Lehmans	1	4
Maynes	1	5
Wellingtons	0	6

The nine leading hitters of the league who have appeared at bat sixteen times or more are listed below:

Player	H	AB	PCT.
Calfee	9	18	.500
Montpelliar	8	16	.500
Prestidge	9	19	.474
Pellington	8	19	.421
Barnes	9	22	.409
Blanton	11	29	.380
Anderson	7	21	.333
Cryder	6	18	.333
Hewitt	6	18	.333

FROM OUR MATES

The following is being reprinted from the other unit newspaper and was handed to them unsolicited from one of the civilian passengers who accompanied us on the Kenmor.

A paper was born on the Pacific Ocean,
Just where, we have no notion.
It told all about Battalion 76,
That unit of working Seabees:
As fine a bunch of fellows
One will ever see.
To the Officers and all men in the ranks,
We civilian workers salute you
And extend our hearty thanks.
May your nameless paper prosper,
Your trip to X successful be,
And when you reach the Japs in Tokio,
Give them a slap for me.
This by one of the civvies
Who knows just where he is bound,
But as you seek this Island Of X
May our Saviour with you be found.

We have just received a copy of the other unit's newspaper which was printed June 1, 1943.

Keep up the good work fellows. We enjoy reading them.

The many friends of H. J. Adolfson, SK1c, here on the "Rock", wish to convey to him their sincere sympathy while he is in the hospital. He recently suffered a badly wrenched shoulder.

WELCOME

The 76th Naval Construction Battalion wishes to extend a hearty welcome to Chaplain George P. LaBarre, Major Vernon Harris, and Captain S. L. Grigsby who have recently arrived on the Rock, and will be attached to the First Defense Battalion, United States Marine Corp.

CONGRATULATIONS

To all the fellows who received higher ratings, we say, congbats. You should be justly proud. Stay in there and keep the good work up.

And to those who may be somewhat disgruntled at the moment because they did not get higher ratings, we say this: Everyone could not be advanced at once and most important, we must prove to our superiors that we deserve a higher rating.

SOUTHERN ASSOCIATION

The standings in the Southern Association as of June 1, follow:

TEAM	W	L	PCT.
Birmingham	25	13	.658
Nashville	23	14	.622
Chattanooga	19	12	.613
New Orleans	18	19	.563
Atlanta	15	18	.486
Knoxville	11	21	.344
Memphis	9	23	.281

From the Pacific Coast League we get the word that Los Angeles is leading the circuit with a seven game lead over San Diego, in second place. Red Lynn, L. A. right-hander is tops in the pitching department while Johnny Dickshot, of the Hollywood Stars, is leading the hitting parade with a neat .477.

Anyone having thorough knowledge of the care and maintenance of a embryo mustache, contact "Red" Alban in the Post Office building.

The doctor was visiting Rastus' wife to deliver her twelfth offspring. While riding along with Rastus he saw a duck in the road.

Doctor: "Whose duck is that?"

Rastus: "That ain't no duck. That's the stork with his legs wore off."

Three members of the staff of THE SEABEE NEWS received a boost. S. A. Zalenski, C. H. Burns, and R. H. Busby were the boys. You deserved it fellows.

HEADQUARTERS

Everyone seems to like the Marine band but apparently take them for granted. The arrangements that they have and the ability with which they interpret them should make us all puff with pride at having such a talented group in our midst. The next time they play for your entertainment, why not show your appreciation in a manner that they cannot fail to understand.

Our Chiefs beat the Navy Chiefs at softball last week and if their luck holds out they have every intention of challenging the Junior Officers to a game but if their luck fails maybe they could use some off the newcomers to bolster their line-up. The captain questioned during a interview stated, "Dey would be nuttin but a push-over". Unquote.

Good luck to Benbow and Wallace. "Makum heap big Chief".

How do you like the new Dispensary? It sure is spic and span and also very convenient. Don't all show up Friday A.M. for a light duty slip or you might be disappointed; or were you?

O'Lexey han'nt been to the pill pushers lately. Is he taking "Carters Little Liver Pills?

FROM THE CHAPLAIN

A few years ago it was the fashion to talk a great deal about the battle between science and religion. It was easy enough to point out that a simple telescope tells us more about the strs than does all the Old Testament; it was easier still to show that Magellan's trip around the world had shot the first chapter of Genesis full of holes, for the Book of Genesis was written when men thought the earth flat. More recent theories seemed only to heap up the evidence that the universe was not the creation of God but could all be explained as a huge machine, a system of wheels and orbits, of eternal matter and eternal space. If there was any place left for God it was a remote one. God was a convinient "starter", who seemed necessary to get the world-machine running. That done, science was through with him.

But quite recently the scientific picture has changed. Matter, which seemed so eternal, has withered before the newer theories. NO one is quite so sure that the final answer to what the world is made of will be answered so easily. And the world's leading scientists are eager to point out that they cannot begin to understand such simple things as human thought. The most real truth about man is that he has intelligence. And no physics or chemistry or mathematics can explain intelligence or how it works.

Naturally, no careful person would claim that the existence of thought in men proves the existance of God in creation. But it is well to remember that it is only the people who don't understand modern science who think that modern science has explained all the questions of religion. It is interesting to know that Jeans and Eddington are devout churchgoers. It is well to remember also Einstein's recent statement to the effect that religion is the only truth which is strong enough to stand against the might of the German Tyranny.

Charles H. Buck, Jr.
Chaplain, USNR

DIVINE SERVICES
(Prostetant)
Every Sunday

0900 ----------Menge Theater
1100 ----------Cooper Chapel

TO ALL CATHOLICS IN THE 76th

As this station does not have a Catholic Chaplain and you men do not have the opportunity and privilege of praying the Mass as you have been accustoned to, it is thought that some form of prayer such as the Rosary might be recited on Sundays. I am sure that this will be a great help to all of us who might tend to grow lax in their devotions, due mainly to the fact that we have no Mass on Sundays.

The Rosary will be recited on Sundays at 0900 in the CB recreation hall and all Catholics are urged to attend.

R. B. O'Brien, Lt.
Commanding Officer

POSTOFFICE CLERKS

This detached unit of the 76th Battalion is indeed fortunate in having the postal clerks that we have. It would be difficult to find two more accomodating fellows than Arthur V. Quinlan, SpM1c, and his assisitant W. E. "Red" Alban, Y3c. They are consistantly doing that little extra something for us that many of us do not realize. Thanks a lot fellows.

LOST: A small rosary Cross. If found please return to the assignment office or to A. V. Wigzell. -- Hut 33.